

**ALDRSGATE  
RETREAT CENTER**

*Menu Choices*

**Breakfast:**

All included cold and hot cereal, homemade granola, yogurt, fresh fruit and juice

**Choose ONE main entree:**

**FRITTATA**

*Made with eggs, cheese and the freshest seasonal veggies. Baked to golden perfection.*

**FRENCH TOAST**

*Big slices of toast dipped in the chefs sweet homemade batter. Served with bacon or sausage, syrup, butter.*

**QUICHE**

*Eggs, cheese, veggies and meats baked in a flaky crust. Made with the freshest seasonal veggies and baked to golden perfection, served with bacon or sausage.*

**SPANISH OR REGULAR SCRAMBLED EGGS**

*Fluffy, moist eggs with or without the Spanish touch (zucchini, tomato, and onions). Served with home style potatoes, bacon or sausage.*

**CONTINENTAL BREAKFAST**

*Comes with the choice of muffins or scones. Served with bagels, hard boiled eggs, toast, cream cheese, jelly, yogurt, cold cereal (no hot cereal), fresh fruit, and juice.*

**ALDRSGATE PANCAKES**

*Buttermilk and wheat (or blueberry) made from scratch. Served with scrambled eggs and bacon or sausage, syrup, butter.*

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## Menu Choices

**Lunch Entrées (can also be served as dinner):**

Side dishes, green salad, beverage, and fresh fruit bowl for dessert accompany each meal.

**Choose ONE main entrée for your whole group:**

**Sandwich Buffet**

*Comes with of tuna salad, turkey, and roast beef, along with all the trimmings and two choices of cheese. Served with a seasonal home made veggie soup. Yummy!*

**Stir Fry (Choose beef OR chicken)**

*Made with the chefs own tangy teriyaki sauce and stir fried veggies. Served with white and brown rice.*

**'Build Your Own' Baked Potato Bar**

*Baked potatoes That can be topped with just about anything, chili, sour cream, cheese, chives, bacon bits, salsa, butter.....You name it.*

**Taco Buffet**

*Comes with the choice of ground beef OR turkey with corn OR flour tortillas Served with all the trimmings from fresh chopped tomato and our own guacamole.*

**Beef or Turkey Stuffed Peppers**

*Sweet red bell peppers stuffed with fresh seasonal veggies and choose of meat. Roasted and seasoned to perfection. So Good.*

**Alfredo Chicken Pasta**

*Diced chicken sautéed in fresh onion and garlic tossed in Linguine pasta with our own Aldersgate rich and creamy Alfredo sauce.*

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**Dinner Entrées (can also be served as a lunch):**  
Side dishes, green salad, beverage and dessert accompany each meal.

**Choose ONE main entrée for your whole group:**

**CREAMY MUSTARD CHICKEN**

*Made with whole grain Dijon mustard, fresh garlic, and rosemary (from our own herb garden). It's so moist and lively in taste.*

**PASTA DINNER**

*Served with homemade marinara sauce and meat sauce. Wheat and plain pasta. Every bite is full of fresh veggies and herbs.*

**MEAT OR TURKEY LOAF**

*Looking for that old fashion taste or something more healthy? You can't miss with this choice. The chefs own recipe!*

**FAJITAS (CHOOSE CHICKEN OR BEEF)**

*Made with sweet Mayan onions, bell peppers, and tomato, with a splash of lemon juice. Served with black beans and rice.*

**DILL CRUSTED CHICKEN**

*Marinated in Garlic, Lemon, and Dill. Seared and baked. This chicken is moist and full of flavor.*